

## FRESH SALADS

**Single:** Served with Bag of Chips 150 Cal and Cookie 470 Cal

**Group:** Served with utensils, plates & napkins (Serves 6-8)

Salad options may vary – call your store for more information

### Chicken Caesar Salad

Grilled Chicken, Chopped Romaine Lettuce, Bagels Chips and a Blend of Aged Hard Cheeses. Served with Caesar Dressing

**Group** 2,700 Cal

**Single** 430 Cal

### Classic Caesar Salad 🍴

Chopped Romaine Lettuce, Bagel Chips and a Blend of Aged Hard Cheeses. Served with Caesar Dressing

**Group** 2,370 Cal

**Single** 350 Cal

### Strawberry Chicken Salad 🍓

Grilled Chicken, Fresh Greens, Strawberries, Craisins® Dried Cranberries and Toasted Almonds. Served with Light Balsamic Vinaigrette

**Group** 3,330 Cal

**Single** 380 Cal

### Strawberry Almond Salad 🍓

Fresh Greens, Strawberries, Craisins® Dried Cranberries and Toasted Almonds. Served with Light Balsamic Vinaigrette

**Group** 2,950 Cal

**Single** 360 Cal

## BEVERAGES FOR THE GROUP

### Coffee for the Group

Your choice of one of our Fresh-Brewed Coffee Blends conveniently served in a portable & pourable box with cups, lids, half & half, sweeteners & stir sticks (96 oz. - Serves up to 10) Choose from:

**Bros. Breakfast Blend** Medium Roast 5 Cal

**Decaf** Smooth & Classic Medium Roast 5 Cal

**Dark Roast** Full-bodied & Chocolatey 5 Cal

**Vanilla Hazelnut** 🍂 Vanilla & Nutty Medium Roast 5 Cal

**Cold Brew Coffee for the Group** 10 Cal

Includes cups, lids, half & half, sweeteners & stir sticks. (64 oz. - Serves up to 6)

**Hot Tea for the Group** 5 Cal

Includes cups, lids, half & half, sweeteners & stir sticks. (96 oz. - Serves up to 10)

**Orange Juice for the Group** 820 Cal

Includes cups and ice. (64 oz. - Serves up to 6)

**Iced Tea for the Group** 520 Cal

Includes lemons, cups and ice. (64 oz. - Serves up to 6)

**Iced Tea Lemonade for the Group** 240 Cal

Includes lemons, cups and ice. (64 oz. - Serves up to 6)

**Lemonade for the Group** 620 Cal

Includes lemons, cups and ice. (64 oz. - Serves up to 6)

### Individual Bottled Beverages

🍴 **VEGETARIAN** 🍂 **CONTAINS NUTS**

\*25% less fat than our regular shmeat. Fat content has been reduced from 12g to 9g per serving.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Flavors and prices may vary depending on location and are subject to change. Catering items are meant for immediate consumption.

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# CATERING



Phone: 904-620-1543 Email orders to: [Kate.Kalter@Compass-Usa.Com](mailto:Kate.Kalter@Compass-Usa.Com)

# BAGELS & SHMEAR

Served with Utensils & Napkins

## Bagels & Shmeat Baker's Dozen

13 Fresh-Baked Bagels & 2 Tubs Shmeat (Serves up to 13)

Half Dozen Available, Additional Charge for Gourmet Bagels

## Bagels & Shmeat Nosh Box

24 Fresh-Baked Bagels & 4 Tubs Shmeat (Serves up to 24)

Additional Charge for Gourmet Bagels

### Fresh-Baked Bagels

Asiago 310 Cal	Honey Whole Wheat 290 Cal
Blueberry 280 Cal	Plain 280 Cal
Chocolate Chip 290 Cal	Sesame Seed 280 Cal
Cinnamon Raisin 290 Cal	Gourmet Six-Cheese 360 Cal
Cinnamon Sugar 320 Cal	Gourmet Cheesy Hash Brown 390 Cal
Everything 280 Cal	

### Double-Whipped Shmeat Tubs *Flavors may vary in availability.*

<b>Regular</b>	<b>Reduced Fat*</b>
Onion & Chive 540 Cal	Garden Veggie 540 Cal
Plain 630 Cal	Honey Almond 🥜 630 Cal
Smoked Salmon 540 Cal	Plain 540 Cal
	Strawberry 560 Cal

### Toppings

Butter Blend 210 Cal	Peanut Butter 🥜 160 Cal
Jelly 70 Cal	

# SWEETS & SNACKS

## Seasonal Fresh Fruit Salad

Large (Serves up to 20) 1,270 Cal / 60 Cal per Serving

Small (Serves up to 8) 330 Cal / 40 Cal per Serving

## Fruit Salad 6-Pack 160 Cal each

6 Individual Fresh Cut Seasonal Fruit Salads

## Individual Yogurt Parfait 6-Pack 🥜 200 Cal each

6 Individual Fruit & Granola Yogurt Parfaits

## Sweets Nosh Box

Muffins 440 Cal each

Baker's Dozen (Choice of 13)

Half Dozen (Choice of 6)

# BREAKFAST FAVORITES

## Mixed Bagels & Sweets Nosh Box 🥜

An assortment of 9 Muffins & Pastries plus 12 Bagels with 2 Tubs of Shmeat (Serves up to 21)

## Traditional Nova Lox\*\* Salmon Platter

Complete with 13 Fresh-Baked Bagels, Lox 955 Cal, Capers 11 Cal, Tomatoes 51 Cal, Red Onions 24 Cal, Cucumbers 43 Cal, Lemons 26 Cal, Lettuce 13 Cal & 2 Tubs of Shmeat (Serves up to 13)

## Bagels & Muffins Nosh Box

6 Breakfast Muffins plus 12 Bagels and 2 Tubs of Shmeat (Serves up to 21)

## Breakfast for the Group 🥜

Large (Serves up to 20)

9 Breakfast Muffins & Assorted Pastries, 12 Bagels, 2 Tubs of Shmeat, Large Fresh Fruit Salad, Coffee and Orange Juice for the Group

Small (Serves 12)

Half Dozen Bagels, Half Dozen Sweets Nosh Box, Small Fresh Fruit Salad, Coffee for the Group

🥬 VEGETARIAN 🥜 CONTAINS NUTS

# LUNCH SANDWICHES

## For The Group

Served with Utensils, Plates & Napkins

## Signature Lunch Nosh Box

Tasty Turkey, Avocado Veg Out 🥬, Italian Chicken, California Turkey Club Wrap, Chicken & Bacon Caesar Wrap

10 Full Sandwiches (wrapped & cut in half)

5 Full Sandwiches (wrapped & cut in half)

## Classic Lunch Nosh Box

Roasted Turkey, Smoked Ham, Chicken Salad and Avocado Veg Out 🥬

10 Full Sandwiches (wrapped & cut in half)

5 Full Sandwiches (wrapped & cut in half)

## Complete the Meal

Add this perfect complement to your Nosh Box order

### Small

One 64 oz. Drink For the Group, 1 small Fresh Fruit Salad, a Half Dozen Cookie Box 🥜 and 5 bags of chips.

### Large

Two 64 oz. Drinks For the Group, 1 small Fresh Fruit Salad, a Dozen Cookie Box 🥜 and 10 bags of chips.

## Lunch for the Group

Choice of 10 full sandwiches (wrapped & cut in half), 2 Group Salads, Dozen Cookie Variety Box 🥜, 12 bags of chips 180 Cal and 12 drinks (Serves 10-12)

# INDIVIDUAL LUNCH BOXES

Served with Bag of Chips 180 Cal and Cookie 470 Cal

## Tasty Turkey

Roasted Turkey, Spinach, Cucumber, Lettuce, Tomato with Onion & Chive Shmeat on an Asiago Bagel 530 Cal

## Avocado Veg Out 🥬

Avocado, Tomato, Cucumber, Red Onion, Spinach, Lettuce, with Garden Veggie Shmeat on a Sesame Bagel 400 Cal

## Turkey & Cheddar

Roasted Turkey, Cheddar Cheese, Lettuce, Tomato, Red Onion on a Plain Bagel 550 Cal

## Ham & Swiss

Smoked Ham, Swiss Cheese, Lettuce, Tomato, Red Onion on a Plain Bagel 550 Cal

## Chicken Salad

Grilled Chicken Breast, Celery and Mayo with Lettuce, Tomato, Red Onion on a Honey Whole Wheat Bagel 530 Cal

## Italian Chicken

Grilled Chicken Breast, Pepperoni, Swiss Cheese, Tomato, Spinach, Red Onion with Roasted Tomato Spread on a Six Cheese Gourmet Bagel 750 Cal

## California Turkey Club Wrap

Roasted Turkey, Bacon, Avocado, Tomato, Cucumber, Red Onion, Spinach, Roasted Tomato Spread, Onion & Chive Shmeat in a Flour Tortilla 670 Cal

## Chicken & Bacon Caesar Wrap

Grilled Chicken Breast, Bacon, Caesar Cheese Blend, Tomato, Lettuce, Spinach, Red Onions, Caesar Dressing, Onion & Chive Shmeat in a Flour Tortilla 740 Cal

# COOKIES & PASTRIES

## Cookie Variety Box 🥜

Assorted Full-Size Gourmet Cookies Fresh-Baked Daily  
Dozen or Half Dozen

## Sweets & Coffee Break 🥜

Large (Serves up to 12)

2 Coffee for the Group, 1 Half Dozen Cookie Variety Box, 1 Half Dozen Sweets Nosh Box with Muffins and Assorted Pastries

Small (Serves up to 6)

1 Coffee for the Group and 6 Assorted Muffins & Pastries